**PRE-SURGICAL INSTRUCTIONS FOR PROCEDURES WITH LOCAL ANESTHESIA**

**Avoid any beverages containing caffeine on the day of your surgery. Caffeine may increase blood pressure and acts a diuretic, causing interruptions in the surgery.**

**Take all current daily medications prescribed by your physician; *do not alter your daily routine unless specified by your surgeon or physician.***

**Antibiotic-premedication, if prescribed, should be taken as directed prior to surgery.**

**Patients with Diabetes should consult with your doctor regarding management of blood sugar levels prior to surgery. Bring your *glucometer* to your surgical appointment. We will test your blood sugar level prior to the start of your surgery.**

**If you wear contact lenses, please do not wear them on the day of surgery.**

**Wear short sleeves to your surgical appointment, to allow for placement of monitoring equipment.**

**If you have an occlusal appliance, night guard, or bite guard, bring this with you on the day of surgery to make sure that it will be safe to wear afterwards.**

I have received and read the above instructions for preparation of my surgical procedure with Periodontal Medicine and Surgical Specialists. I understand that if these instructions are not followed, my procedure may be aborted, and I may be liable for a surgical supply set up charge for the supplies opened and prepared for my treatment.

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Print Name

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