

# PERIODONTAL Surgical Medicine SPECIALISTS



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# PRE-SURGICAL INSTRUCTIONS FOR

## FOR PERIODONTAL AND IMPLANT SURGERY

# SURGERY WITH INTRAVENOUS SEDATION

- 1. Please notify your doctor if you are taking any blood thinners (ie. Coumadin, Plavix) on a regular basis.
- 2. Avoid any beverages containing caffeine 24 hours prior to surgery.
- 3. *Do not eat or drink anything 4 hours prior.* If your surgery is in the afternoon, eat a good breakfast. Take all current medications prescribed by your physician.
- 4. Patients receiving IV sedation cannot operate an automobile for the rest of the day.
- 5. Antibiotic-premedication for heart murmur or prosthesis should be taken as directed prior to surgery.
- 6. Wear loose comfortable clothing to your surgical appointment.
- 7. If you wear contact lenses, please do not wear them on the day of surgery.
- 8. Diabetic patients should consult with Dr. Rosenfeld or Dr. Mandelaris regarding management of blood sugar levels prior to surgery. Bring your *glucometer* to your surgical appointment. We will test your blood sugar level prior to beginning sedation.

### SURGERY WITH LOCAL ANESTHETIC

- 1. Please notify your doctor if you are taking any blood thinners (ie. Coumadin, Plavix) on a regular basis.
- 2. Avoid any beverages containing caffeine 24 hours prior to surgery.
- 3. Antibiotic-premedication for heart murmur or prosthesis should be taken as directed.

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